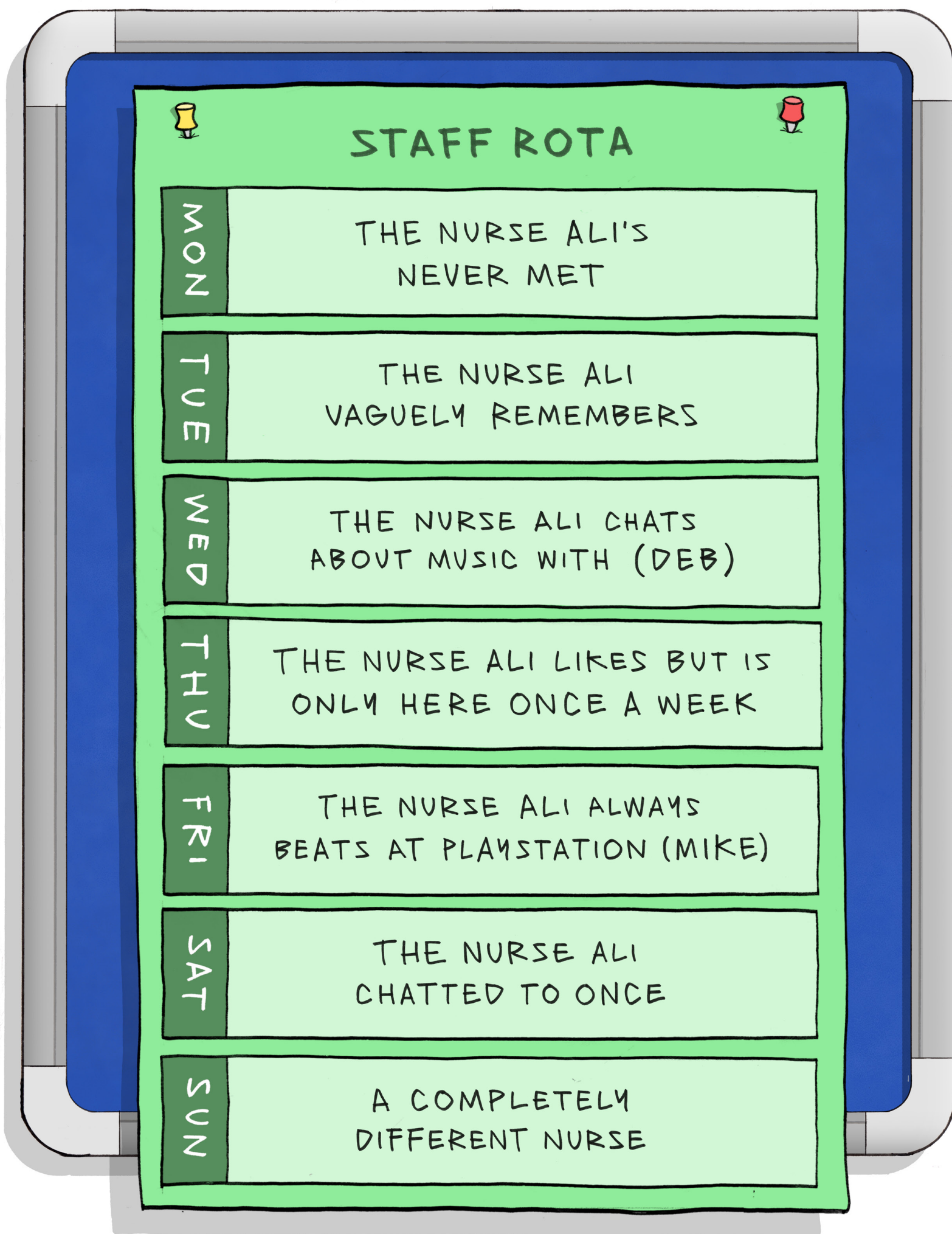


Good relationships



An inpatient admission creates a new set of relationships between a young person, their family, and the staff on the ward. Staff need to have enough time to develop meaningful relationships with the young people they are looking after. Trusting and empathetic acts of care, outside of therapeutic sessions, can improve the quality of a young person's experience and wellbeing.

