Normality

Lengthy admissions can dislocate a young person from the things they value most in their day-to-day lives. Inpatient settings may lack the most important aspects of ‘homeliness’, especially if there are rules or ‘blanket restrictions’ that do not take into account individual needs. Promoting a sense of normality wherever possible, through flexibility and personalised care, can significantly improve a young person’s experience and wellbeing.